

# PRICES

## ALL DAY ACCESS TO GREFIS SPA – ADULTS ONLY

Hotel Guests	18,00 EUR	per person
External Guests	36,00 EUR	per person

The price includes the following services:

bathrobe | sauna towels | access to the sauna area and the relaxation rooms | fitness area | tea bar | fresh fruit | access to the GREFIS Rooftop with heated outdoor pool\*

### ADULTS ONLY

*\*Use of the GREFIS Rooftop with heated outdoor pool is only permitted with swimwear and may only be available to a limited extent at any time. For more information, please contact the hotel reception.*

## THE SAUNA

is open from 10 a.m. to 10 p.m \*

\*We are committed to sustainability. For this reason, our saunas are not always in operation. We would ask you to register your visit about 30 minutes in advance at +49 89 55 89 53 81 40 or [welcome@grefis.com](mailto:welcome@grefis.com), so we can heat up the sauna area directly

## TREATMENTS

Appointments by arrangement

# REFIS MASSAGES

## **REFIS CLASSIC**

Relaxation for the muscles. The massage is individually adapted to you.

Full body massage 50 minutes	€ 99
Partial body massage 20 minutes	€ 52

## **REFIS RELAX**

This massage provides deep relaxation for body, mind and soul.  
Your skin and senses are pampered with our high-quality aromatic oils.

Full body massage 50 minutes	€ 105
Partial body massage 20 minutes	€ 55

## **REFIS SPORT**

For activation and regeneration before and after sports.  
Individually adapted to you.

Full body massage 40 minutes	€ 89
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## **REFIS HOT STONE**

Relaxing hot stone massage for regeneration and deep relaxation.

Full body massage 50 minutes	€ 115
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# GRFIS FACIAL TREATMENTS FOR HER AND HIM

## **GRFIS FACIAL CLASSIC**

Cleansing, peeling, removal of impurities, facial massage, skin-specific facial mask and final care. On request, this treatment can also be combined with an eyebrow correction.

60 minutes

€ 115

## **GRFIS FACIAL DELUXE**

Cleansing, peeling, removing impurities, facial massage | neck| décolleté, high-quality ampoules, skin-specific face mask and final care. On request, this treatment can also be combined with an eyebrow correction.

80 minutes

€ 145

## **GRFIS FACIAL LIFTING**

Cleansing, peeling, removing impurities, facial massage | neck | décolleté, high-quality lifting ampoules, face lifting mask and anti-aging final care. On request, this treatment can also be combined with an eyebrow correction.

80 minutes

€ 169

## **ADD ON – can only be booked as part of facial care**

Dyeing of Eyelashes

€ 20

Dyeing of Eyebrows

€ 15

Depilation upper lips

€ 15

Caring hand treatment

€ 25

Winter 2022/2023

**GRFIS**  
SPA

# REFIS AFTERWORK SPECIAL

## **Lunch break, after work or get away from it all?**

With the REFIS AFTERWORK SPECIALS we take you away from the stressful everyday life and release you with new energy and freshness.

## **REFIS FLOAT ZEROBODY**

Float in weightlessness, dry and warm - in our 400 liter water bed. The optimal treatment before or after a treatment - or as a short relaxation in between.

10 minutes	€ 20
20 minutes	€ 35
30 minutes	€ 42

## **REFIS ME-TIME**

Release stress and tension? This deeply relaxing massage of the head and face is suitable for all those who suffer from tension in the jaw | face | head area.

35 minutes	€ 72
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## **REFIS BACK RELAXATION**

Tense neck | back | shoulder area? Sitting for hours in front of the PC, in the car or other physical challenges in everyday work? Relax. Short, intensive, regenerating.

35 minutes	€ 72
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# REFIS AFTERWORK SPECIAL

## **REFIS CLOUD WALKING**

Standing for hours at work? Swollen feet and legs? With this little fresh-up, you can enjoy a relaxing foot bath followed by a foot massage.

35 minutes

€ 72

## **REFIS FRESH-UP**

Job interview or on the way to a business meeting? Tired eyes, sagging skin? We invigorate your skin with a facial peeling, an intensive moisturizing mask, a nourishing day care and give it a fresh GLOW.

35 minutes

€ 79

# GRFIS SPA ETIQUETTE

Turn off your phone and enjoy the relaxation.

Please be on time, because your booked time is reserved exclusively for you. If you are late - for whatever reason - we are unfortunately forced to shorten your treatment to the remaining time.

Inform us in advance about allergies, intolerances, illnesses or pregnancy - because your well-being and your health are very important to us. (Liability of any kind excluded)

Feel comfortable and come to your treatment in comfortable clothing or a bathrobe. Please take off your jewelry safely in advance of the treatment. (Liability of any kind excluded)

All treatment times include a short rest period afterwards. This is important for your circulation.

Time is precious. Therefore, we plan them exclusively and generously for the well-being of our guests. Please cancel your appointment at least 24 hours in advance. Otherwise we take the liberty of charging 100% of this.

Your satisfaction is our top priority. It can always happen that a treatment or a visit to the SPA did not meet your personal expectations. Please let us know, because we gladly accept constructive feedback and use it as an opportunity to constantly improve.

*We are looking forward to your visit.*